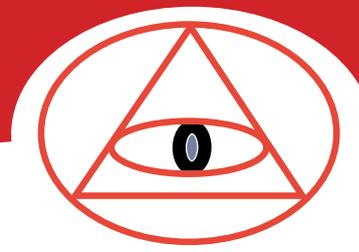


**MASSAGE OBERTAUERN**



# CHRISTIAN MAYRHOFER & TEAM

*Therapeutic Masseur | Professional Masseur*



## **AT THE HOTEL**

Inquiries & appointments at the reception or  
under the telephone number: +43 (0) 676 62 46 954  
also on sundays and public holidays

## **MASSAGE OBERTAUERN**

A-5562 Obertauern  
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www.massage-obertauern.at



[www.massage-obertauern.at](http://www.massage-obertauern.at)

## CLASSIC FULL MASSAGE

ca. 40 min. legs & back	€ 57,-
ca. 50 min. full massage	€ 68,-
ca. 60 min. full massage	€ 79,-
ca. 90 min. full massage	€ 108,-

Full-body muscle massage (Swedish massage) to remove tension and loosen muscles. Boosts blood flow to the muscles and skin. This leads to muscle relaxation and removal of metabolic toxins.

## RELAXATION MASSAGE

ca. 60 min.	€ 79,-
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Gentle full-body massage purely to relax.

## CLASSIC PARTIAL MASSAGE (BACK)

ca. 25 min.	€ 37,-
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Normally the back is treated, though you can allow us to pamper your legs, arms or hands as well. This is a muscle massage designed to remove tension and loosen muscles.

## SKI-FIT MASSAGE

ca. 30 min.	€ 44,-
ocused on the knee ca. 40 min	€ 62,-

A leg and foot massage for the tired legs of skiers, intended to make muscles supple so that the next days of your holiday continue to be fun. If you opt for the knee treatment, we will spend more time massaging the knee area.

## COMBO MASSAGE

<b>Combo Massage I ca. 30 min</b>	€ 49,-
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Consists of a ca. 10 min foot reflexology massage focusing on the spine and affiliated muscles, along with those of the neck and shoulder area. Followed by a ca. 20 min back massage.

<b>Combo Massage II ca. 70 min</b>	€ 103,-
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Consists of a ca. 20 min foot reflexology massage und ca. 50 min full massage.

The combination of a foot reflexology massage and classic massage significantly intensifies the benefits for your muscles and body as a whole.

## FOOT MASSAGE

ca. 20 min.	€ 32,-
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With soothing foot balm to revitalize tired feet.

## FOOT REFLEXOLOGY MASSAGE

Standard ca. 20 min.	€ 39,-
Special ca. 30 min.	€ 49,-

Reflexology body treatment through the feet, identifies weaknesses and treats them as needed.

## CLASSIC FACIAL MASSAGE

ca. 20 min.	€ 32,-
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Designed to nurture, pamper and relax.

## CLEAR HEAD

ca. 25 min.	€ 41,-
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Designed to nurture, pamper and relax.

## LYMPHATIC DRAINAGE

<b>Lymphatic drainage of the face</b> ca. 20 min.	€ 39,-
<b>Lymphatic drainage of the body</b> ca. 30 min.	€ 49,-
<b>Full-body lymphatic drainage</b> ca. 60 min.	€ 92,-

Soft, flowing and pumping massage to clear blockages and detoxify. Very soothing whilst removing built-up fluid in tissue.

## CUPPING MASSAGE FOR THE BACK

ca. 40 min.	€ 62,-
cupping only ca. 20 min.	€ 39,-

Begins with a relaxing back massage. Then, blockages in the skin layers and fasciae of the back are removed by means of cupping glasses, which simultaneously intensify blood flow and reduce muscle tension.

## CUPPING TREATMENT WITH SOFT-TISSUE MASSAGE

ca. 40 min.	€ 62,-
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This combination is particularly intensive. Blood flow in the treated regions is increased substantially, while connective tissue and the fascia are loosened and relaxed.

## SOFT-TISSUE MASSAGE

Soft-tissue massage ca. 20 min	€ 39,-
Soft-tissue and back massage ca. 40 min	€ 62,-

A stimulating massage that is very intensive, removes blockages in skin layers and fasciae, boosts blood flow and has reflex benefits for the organs. The treatment focuses on the back.

## HOT-STONE MASSAGE

Standard ca. 60 min.	€ 89,-
Special ca. 80 min.	€ 107,-

A gentle massage for the whole body. Hot lava rocks and warm oil produce deep relaxation of mind and body. The heat emitted by the stone generates a wave of heat that flows through muscles and the rest of the body.

## CLAM-SHELL MASSAGE

Full-body treatment ca. 70 min	€ 99,-
Back treatment ca. 30 min	€ 54,-

The clam shell radiates heat from within, the massage transferring that heat to the skin and body. This penetrating warmth induces pleasant muscle relaxation and a marvelous sense of wellbeing.

## KIDS' MASSAGE WITH CHOCOLATE OIL

ca. 20 min.	€ 32,-
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With pleasant massage holds and stroking motions, the legs and back are pampered. Those who prefer can enjoy the treatment with chocolate oil. After the massage comes a sweet surprise.

For an additional charge, we are happy to extend the length of treatment. All prices incl. VAT; Status: 11/2019; Valid in Obertauern; Subject to change, not liable for errors or inaccuracies!

**No-shows or appointments not canceled in timely fashion (min. 6 hours in advance) will be charged in full. Thank you for your cooperation.**

CHRISTIAN MAYRHOFER & TEAM

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